

Canterbury Newsletter February 2022

BRANCH COMMITTEE UPDATE

Happy New Year to all our members 😊

We have been working hard to ensure we can bring you a whole host of events planned for you in 2022. 😊

Please register for all events via NZISM website—
<https://www.nzism.org/info/branch/canterbury/>

What has the committee been up to since the last newsletter?



Branch Manager Claire Johnson took a well-deserved break in Central Otago, where she recharged her batteries and ticked climbing Roy' Peak off her bucket list. It was a great walk, and she recommends it to anyone. A well-deserved wine was had afterwards



Would you like to be part of the committee?

Our Branch AGM is in May and there maybe 2, possibly 3 vacancies to fill. Is this the opportunity you have been waiting for, to become involved, sharing your passion and expertise to continue to build on the great work the current committee has done and continue to do?

Would you make a great Branch Manager? If that is a position you aspire to fill, then join the committee and spend the next 12 months learning the ropes to step into the role in 2023 when our current Branch Manager's term ends.

Members Bios

We have also showcased all our current committee members and would now like to give you, our members, the

opportunity to share your journeys.

If you would like to appear in one of our monthly newsletters, then please send us your photograph and a short bio to

canterbury@nzism.org

Please include the following in your bio:

- What does your job involve?
- Why did you choose to work in this field?
- What do you like about it?
- What are the challenging bits?
- Who inspires you and why?
- Something you won't find on my LinkedIn profile is...
- If you could be anywhere in the world right now it would be...
- What do you do on a typical Sunday?



WOMEN IN EXCELLENCE (WISE) NZ network Committee Member (North Canterbury)— Kate Sutcliffe

My health and safety career started, 20 years ago (eek!) as an Inspector for a Local Council in the UK. Like many, I applied for a role not knowing what was involved, to get closer to my dream job of becoming one of the Environmental Health Officers (!), who were part of the same team. But I discovered I loved the variety, sense of service keeping workplaces safe, and the people I met along the way. Initiative-taking inspections, accident investigations and employee complaints filled my days. As well as the formal training, I soaked up as much knowledge as possible from a wonderful team (of 12 males) and moved to NZ in 2006, ready for a new challenge.

Since being here, I have worked in injury prevention, auditing, training, and coaching, and have run my own consultancy business since 2016. 20 years later, and still, every day is different; I work with a range of industries and sizes of business, from helping self-employed tradies with site plans, to working with large organisations facilitating training and implementing whole management systems. And all this is beautifully balanced (um, 'juggled') between a busy family life – including two very curious kids, growing all our vegetables (apart from mushrooms – thank you husband!), and lots of time in the kitchen (my happy place).

Giving back to the profession is also important to me. Three years ago, I joined the Women in Safety Excellence NZ network and have the absolute privilege of being part of the National Committee.

The WISE NZ network was established by Margaret van Schaik and Helen Parkes in 2010 and now has over 400 members around New Zealand.

The network promotes the equity and advancement of women

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in the safety profession, striving to continuously influence industry to address current and future safety challenges impacting women in the workforce locally, nationally, and globally.

As well as national events (COVID-19 permitting!), the group hosts free webinars, conducts research, and holds local meetups to network and discuss anything we are currently experiencing – all WISE events are a great opportunity to gain experience and grow from each other. We are open to all professions working in the health and safety space, allowing generalists to engage with specialists.

It is free to join, and more information can be found by following the tab on the NZISM website, or this link: [WISE - Women In Safety Excellence \(NZ\) \(nzism.org\)](https://www.nzism.org/WISE-Women-In-Safety-Excellence-(NZ)-(nzism.org))

The next Canterbury meet-up will be held shortly so feel free to get in touch or look out for details in the NZISM Newsletter.



Dr Mary Obele loves big machines and being on worksites.

As a Specialist Occupational and Environmental Physician, she has been a doctor for over 20 years, specialising in health at work. She does medical assessments for various industries; advises on hazards and risks; consults for organisations; lectures at universities, and trains new doctors. She is also a member of the Policy and Advocacy Committee at the Royal College of Physicians, the Clinical Advisory Panel at ACC, and a COVID-19 Doctors Panel.

In this session, Mary will share her knowledge and experience of HAV as a serious health hazard for the many workers who repetitively use vibrating tools.

UPCOMING EVENTS – Please register for all events via NZISM website –

<https://www.nzism.org/info/branch/canterbury/>

FIRST 2022 DATES FOR YOUR DIARY!!

Hand Arm Vibration

SPECIAL GUESTS

- Jason Johnstone, CEO Vibration Action
- Dr Mary Obele

Friday 18 Feb

Very delayed Christmas Party

3:30pm | Hornby Club, 17 Carmen Road, Hornby, Christchurch

Join NZISM and NZOHNA for some good company and even better learning as they share their delayed Christmas celebration and welcome special guests to learn more about Hand Arm Vibration

3:30 pm Registration / 4 pm Speakers / 5:30 pm Networking (One free house drink with ticket)

***** We will also be giving away 1 free ticket to this year's 2-day Canterbury NZISM and NZOHNA Conference (15th Sept)**



If anybody understands the personal and lasting impact of Hand Arm Vibration (HAV) it is Jason Johnstone, CEO of Vibration Action. Jason was employed as an operator at Tiwai Point smelter for 15 years until nerve damage to his fingers, due to constant exposure to

hand tool vibration, forced him to stop work.

Upon researching the condition, and discovering how widespread and often misdiagnosed the problem is in New Zealand, Jason created Vibration Action and is now committed to raising awareness of the issue

Wednesday 23 Feb

North Canterbury social event

6:30pm | The Good Home, 62 Pegasus Main Street, Pegasus

Come along to the Good Home and join the North Canterbury group for their first social event of 2022. Nibbles will be provided with refreshments at your own cost.

Please note, this date has been changed from the original date of 16th

MEMBERS SPOTLIGHT

Congratulations to those Canterbury-based members who progressed through the accreditation programme in December

PractNZISM
New Zealand Institute of Safety Management

**Steve Cooper
Vanessa Jones**

ProfNZISM
New Zealand Institute of Safety Management

**Holly Erickson
Cathie Connew**



We would like to welcome all our new members who should have received a welcoming letter from the committee. If you have recently joined but have not received any communication, please let us know by emailing canterbury@nzism.org

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2022 NEW ZEALAND WORKPLACE HEALTH & SAFETY AWARDS – organised by SAFEGUARD

The call for entries into the 2022 Awards is now open and entries close on 1 April 2022.

Download the entry pack and entry forms from the [How to Enter page](#)

QUESTIONS?

For any awards enquiries, please email safeguardawards@thomsonreuters.com

2022 CANTERBURY NZISM AND NZOHNA CONFERENCE 15TH & 16TH September 2022 updates.

The CPD committee has been working hard meeting frequently to organize this two-day conference in September. We hope all going well to be the biggest Health and Safety Conference in the South Island this year. This won't be our traditional CPD style day. We have a lot planned which we can't wait to tell you more about.

Theme

The overall theme for the 2022 Canterbury NZISM & NZOHNA Conference is **SHARING SOLUTIONS FOR A STRONGER FUTURE.**

Photographer wanted

Do we have any members whose secret passion/talent is photography?

For our conference, we are looking for someone who can take photos of both days as well as in the evening at the dine and dance.

In return, we will give you free tickets to the whole event including the dine and dance.

If this, is you, then please email canterbury@nzism.org

Call for Papers request

Thank you to the members who send in their applications to speak at this year's conference. We have had a great response and currently reviewing these. We will contact everyone in due course.

Trade stands

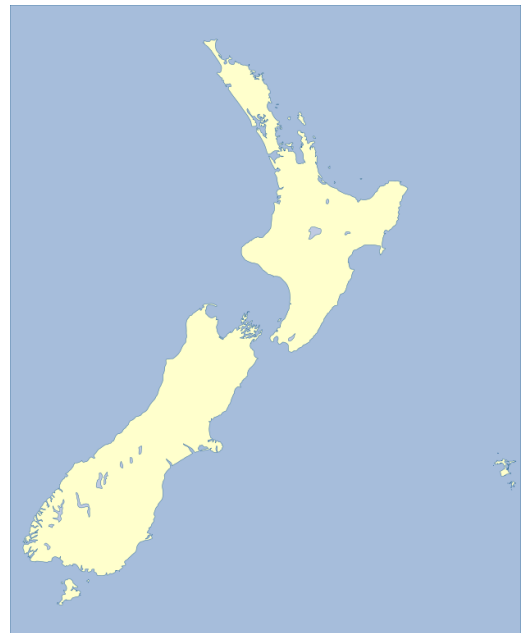
We are in the process of sorting out a flyer for expression of interest for trade stands for conference things will be a bit different this year than normal.

Once we have the information, we will send it out to all members in due course.

secure some discounts for anyone who is coming from out of town. We will send this information out with the save the date flyer.

Dine and Dance

On Thursday 15th of September, we will be having a themed dine and dance with a band. While I can't give away the theme, I will leave you a hint or two.



Request Accommodation

We are working with local accommodation providers to help